

Advocacy Self-Assessment Worksheet

1. Have you ever contacted any of the following people in person or in writing to advocate for an issue?

	Any reason	Oral health
town or city council member	π	π
school board member	π	π
board of directors of a water company	π	π
county supervisor	π	π
county or state First 5 commissioner	π	π
state assemblyman/woman or staff	π	π
state senator or staff	π	π
governor or a member of the staff	π	π
government agency staff	π	π
US representative or staff	π	π
US senator or staff	π	π
other:		

2. Have you ever testified in person or in writing through the following mechanisms?

	Any reason	Oral health
town or city council meeting	π	π
public hearing	π	π
state assembly or senate hearing	π	π
US house of representatives or senate hearing	π	π
First 5 commission hearing or meeting	π	π
regulatory hearing	π	π
other:		

3. Have you ever participated in any of the following advocacy activities?

	Any reason	Oral health
op ed piece in a newspaper or newsletter		
letter to the editor in a newspaper	π	π
advisory committee	π	π
radio or TV talk show	π	π
public demonstration	π	π
fundraising for an oral health cause	π	π
public debates	π	π
other:		

4. If you haven't participated in any/many of these advocacy activities, what is preventing you from doing so?

5. What steps can you take in the next few months to increase your advocacy activities for oral health issues? What help/support will you need to do this?